

Henderson Business & Professional Women's Club

Meeting Minutes

April 17, 2014

CALL TO ORDER AND INVOCATION

The regular meeting of the Henderson Business & Professional Women's Club was called to order at 6:30 pm on April 17, 2014 by President Marty Smith. After the invocation by Marty Smith, members enjoyed dinner at Maria Parham Medical Center.

Members present were Marty Smith, Michele Evans, June Blanks, Kathy Taylor, Marsha Abbott, Bernice Barchan and Val Short. We also enjoyed the company of our guest speakers, Hope Breedlove and Dana Parham from Maria Parham Hospital.

INTRODUCTION OF GUEST SPEAKER

Our guest speaker was introduced by Kathy Taylor. Hope Breedlove works as a Social Worker with Maria Parham Hospital. She discussed with the group how important it is to continue to be screened for breast cancer. As women grow older they become more at risk for breast cancer. Women should know what their risks are and accept the things they cannot change. Items to always consider are eating healthy, exercising, and limited alcohol intake. Every woman should start screening at the age of 40 and those at higher risk should be screened yearly.

Literature was provided to members present on How to Check Your Breasts and Three Steps to Finding Breast Cancer Early. New guidelines say that screening should begin at 50. Guests were led through a tour of the cancer unit and shown where each step of screening takes place. Hope and Dana both mentioned how much one-to-one attention is given to the patients through the entire process. The cancer treatment facility is a place where people can feel comfortable and know that people are here to help that really care about their treatment. Volunteers have provided literature on breast cancer. There are other items made available to patients as needed. One example is wigs are made available to patients as they undergo chemotherapy and radiation.

APPROVAL OF MINUTES

Minutes were reviewed from the March 20, 2014 monthly meeting. Several changes were pointed out with grammar corrections. Michelle moved to approve the minutes and Bernice seconded.

TREASURER'S REPORT

June Blanks gave the financial report.

COMMITTEE REPORTS

None

<i>Beginning Balance 3/20/2014</i>	<i>\$1472.50</i>
Deposits	+108.00
Disbursements	-107.50
Balance 4/17/2014	\$1473.00

OLD BUSINESS

BPW Website – We have accepted the offer to take advantage of the page off the state website.

Foundation Rep and Foundation Basket(s) – Marsha will serve as the representative. Each member was asked to bring items to the next meeting to allow time to finish the basket before the June meeting. Several members brought items to the April meeting.

Revised By-laws – They have been forwarded to the state for approval.

NEW BUSINESS

Historical Archives – June brought several newspaper articles about the Henderson BPW. We would like to digitize as much history as possible about the Henderson BPW.

ANNOUNCEMENTS AND CORRESPONDENCE

We received a thank you card from the scholarship recipient Crystal Williams. Bernice is working on inviting the recipients to attend a BPW meeting.

Michelle also mentioned a Saturday session in June or July for the Ratify NC ERA. More information will be provided as available.

ADJOURNMENT AND COLLECT

Meeting was adjourned by Marty Smith. The next general meeting will be at 6:30 pm on May 16, 2014 at Maria Parham Medical Center. Please note the next meeting will be held in the J.T. Church Classroom which is located on the lower floor of the hospital next to the auditorium.

COLLECT

Keep us, O God, from pettiness;
let us be large in thought, in word, in deed.

Let us be done with fault-finding
and leave off self-seeking.

May we put away all pretense and
meet each other face to face--without
self-pity and without prejudice.

May we never be hasty in judgment
and always generous.

Let us take time for all things;
make us to grow calm, serene, gentle.

Teach us to put into action our
better impulses, straightforward and unafraid.

Grant that we may realize it is the
little things that create differences,
that in the big things of life we are at one.

And may we strive to touch and
to know the great common human heart
of us all, and O Lord God,
let us forget not to be kind.

Mary Stewart