



NIKE News BPW Newsletter

HENDERSON BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

April 19 2017

Volume 1, Issue 26

President, Marsha Abbott
Vice-President, Dianne White
Program Chair, Patti McAnally
Secretary, Michelle Evans
Treasurer, Donna Stearns
Asst. Treasurer, June Blanks
Parliamentarian, Marty Smith

Newsletter Editor,
Bernice Barchan

Monthly Meeting Dates:

- April 20
- May 18
- June TBD

Henderson BPW is looking for new members to join our club. Membership is open to men as well as women, and current employment is not required. Bring a friend or friends to a meeting so they can see what BPW is all about.

Next Meeting Date: April 19, 2017
Place: Maria Parham Hospital Board Room

Time: 6:30 pm
Cost: \$12.00 Members
\$7.00 Guests

Our Guest Speaker



Our guest speaker will be Dr. Tony Cozart with Smart Start. Come out and join us at Maria Parham Hospital. Please bring a friend and we hope to see you there.

President's Comments

As we near the end of our fiscal year, I want to thank each person who has served in some capacity this year and those who will serve in the next year. As I reflect back on this past year, this group continues to amaze me with its accomplishments. We are a small but power group of women. I have enjoyed serving as your President these past two years and wish the new officers much luck in their new responsibilities.

Thanks, Marsha

April Birthdays

We wish our members a very Happy Birthday for April!

Michelle Evans—April 28th



Upcoming Events

June 23-25, 2017 BPW-NC State Convention, Rocky Mount, NC





March News



Henderson Business and Professional Women's Club held its regular meeting in the board room at Maria Parham Hospital on March 16th. Following a buffet dinner, Patty McNally introduced guest speaker, Terri Edgar, Arts Alive! Mrs. Edgar provided statistics regarding McGregor Hall activities for its first year. She shared information on Arts in the Schools including the move at E. M. Rollins to integrate the Arts into everything, activities of the Vance County Arts Council, partnerships with the Gang Free programs, and a preview of the Vance County Schools first Performance Showcase and art show to be held at McGregor Hall. The show was expected to be one and half hours long with 70 performers beginning at 7:00 p.m. The art show would begin at 4:00 p.m., and has 176 pieces of art.

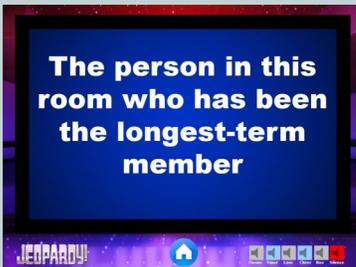
A brief business session followed the presentation. The 2017-18 slate of officers was presented for consideration to be voted upon in April. Members were reminded that the state WEE event would be hosted by the BPW Foundation and would be held in Carrboro on March 25. The meeting was adjourned with the reading of the Collect.

The Henderson BPW holds a dinner meeting every third Thursday of the month at 6:30 p.m. Meetings are open to guests and new members. For reservations, contact June Blanks at 252-438-6732.

Picture caption: Marsha Abbott, HBPW President, Terri Edgar, Arts Alive, Patty McNally, BPW Program Chair.

Great reasons to join BPW!

Impact	Leadership	Personal Connections	Networking	Visibility
Career Advancement	Advocacy	Helping Others	Resources	



Henderson BPW was well represented at the WEE event in Carrboro on Saturday March 25th. The group heard excellent presentations from Dr. Benjamin Reese and Ellen Baker. Dr. Reese provided insight on improving leadership by increasing self-awareness. He presented thought provoking information and scenarios to consider regarding the implicit bias that exist in us all resulting simply from living our individual lives and growing up where and how we have. Once implicit bias is acknowledged, he offered methods for diminishing their impact on our daily lives, specifically their impact on our performance and decision-making in the work place.

After a delicious, social and lively lunch, Ellen Baker treated us to a humorous, personable look at effective leadership through emotional intelligence. Using clips from TED Talks, and other online resources, Baker shared examples of both implementing elements of positive emotional intelligence and unintended consequences of actions by leaders with little awareness of self and/or others. Online and print resources were shared for taking personal inventories or further reading and research.

Four Henderson BPW members were in attendance: June Blanks, Michelle Evans, Ann Hudson and Marty Smith. Prior to the presentations Michelle Evans led participants through a history of BPW leadership through a BPW edition of Jeopardy. Our own June Blanks was the answer to the question below. Way to go, June!

Upcoming Guest Speakers & Programs

April 20—TBD

May 18—TBD

June TBD